

Psychological Project: Mental Health; the right of all teenagers and children



To start with...



Who are we & who do we want to help? Objectives

Context

Actions

Channels

SOI Center

Expected Results

Collaboration



Who are we? Who do we want to help? Objectives

Association formed of mental health specialists (psychologists; social workers; art, dance & music therapists, ...)

We offer training, counselling and support to professionals who work in orphanages looking after children who have suffered abuse and social exclusion in India.

Our objective is to develop all their potential skills to re-establish their purpose of living and help them to become an example for their society and communities.

Context



> The highest rate of poverty in the world: 330 million people

> The highest number of people living in the streets: 20 million

> 50% of children have suffered some form of abuse

INDIA vs EUROPE: A huge difference in psychological resources

INDIA- 1000 psychologists for 1237 billion inhabitants= no resources at all

EUROPE- 150,000 psychologists for 739.2 million inhabitants

Actions.

How can we achieve our shared goal?

- > **Workshops** for children to recover their emotional health and/ or individual therapy (coming soon).
- > **Training** and recruitment of professionals (social sustainability) (workshops: SOI- professionals- children)
 - **Result:** Professional Certificate of Psychological Assistance
- > **Materials provider:** on-line platform.

Channels.

How can we achieve our shared goal?

- > **CNS- Congregation of Sisters of Nazaret:** Refuge Homes- (Angamaly-Kochi)
- > **Loyola College of Social Sciences:** Care Center and schools- (Trivandrum)
- > **TAOS (Art therapy):** Care centers, schools and hospitals - (Kochi)



***SOI Center:** direct assistance to the children (next goal to achieve the final objective).

SOI Center



- > **Project:** initially, a day center (short/mid-term); later on, a 24 hours center (long-term).
- > **Reason:** We do not want to depend on third-parties, corruption.
- > **Location:** Cochin
- > **Intern structure:** 1 Director, 2 Coordinators, 1 Administrator, Volunteers (specialists in mental health and others).
- > **Activities:** workshops for children and professionals, individual therapy, other events.
- > **Objective:** provide assistance to the children directly and help them to recover emotionally.
- > **Budget/ expenses:** rent, furniture, IT systems, material resources, staff.

Expected Results



Reduce susceptibility

Growth

Social Change and
Productivity

Sustainability

Emotional Recovery

Would you like to collaborate?



> There are many ways that you can donate and support us!

A) Training packs: (to cover the expenses of the professionals who travel to India)

B) Investment infrastructure (materials and new SOI center)

- Examples:

With 10 euros/ month during 1 year: you will cover the psychosocial assistance of a child during 3 months.

With 20 euros/month during 1 year : you will cover the psychosocial assistance of a child during 6 months.

With 30 euros/month during 1 year : you will cover the psychosocial assistance of a child during 9 months.

With 50 euros/month during 1 year : you will cover the flight expenses of the professional travelling to India

> Professionals: work in our team

> Partnerships

How can your company help the Project?



> Sponsor any of our projects

- Infrastructure Investment
- Our professionals expenses

> Promote the project

- Website or social media

Participate and become the referral in your industry!
Some institutions are already supporting the Project 😊

Col·legi Oficial de
Psicòlegs de Catalunya

esade
SUD

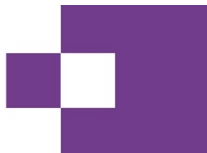
GREVIA
Grup de Recerca en Victimització Infantil i Adolescent

TARANÀ 20
VIATGES AMB SENTIT anys



BARCELONA
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veïns del món



Thanks!
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